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ICE CREAM DREAM
YOU'LL SCREAM FOR IT! {page 19}

AND BABY MAKES THREE
DUFF AND CANADIAN HUBBY EXPECTING FIRST CHILD {page 14}

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Tories fudged G8 spending: NDP

- Opposition says legacy fund procedures were deliberately set up beyond the scrutiny of the auditor general
- AG's office says it 'has already fully investigated this spending' and it won't re-open the file

A $50-million legacy fund for last year's G8 summit was run out of the local constituency office of Tony Clement, documents show — a process that allowed the Conservative government to avoid scrutiny by the auditor general.

The NDP discovered the paper trail by doing an end run around the federal government and using Ontario freedom of information laws to get municipal records.

The documents reveal that Clement's office in Parry Sound, Ont., solicited legacy project submissions more than 18 months before the June 2010 summit in Huntsville, Ont.

Despite documentary evidence that federal civil servants sat in on many of the project meetings, no records were available to the auditor general when Sheila Fraser looked into the G8 spending.

When Fraser's report was tabled after the May 2 election, interim auditor John Wiersema called the absence of documents "very unusual and troubling."

The municipal documents obtained by the NDP include a G8 Community Project Summary application form, with no government of Canada identification, that was to be returned directly to Clement's local constituency office, and not to his office as minister of Industry Canada.

Clement has since been moved to Treasury Board, where he is overseeing government spending cuts.

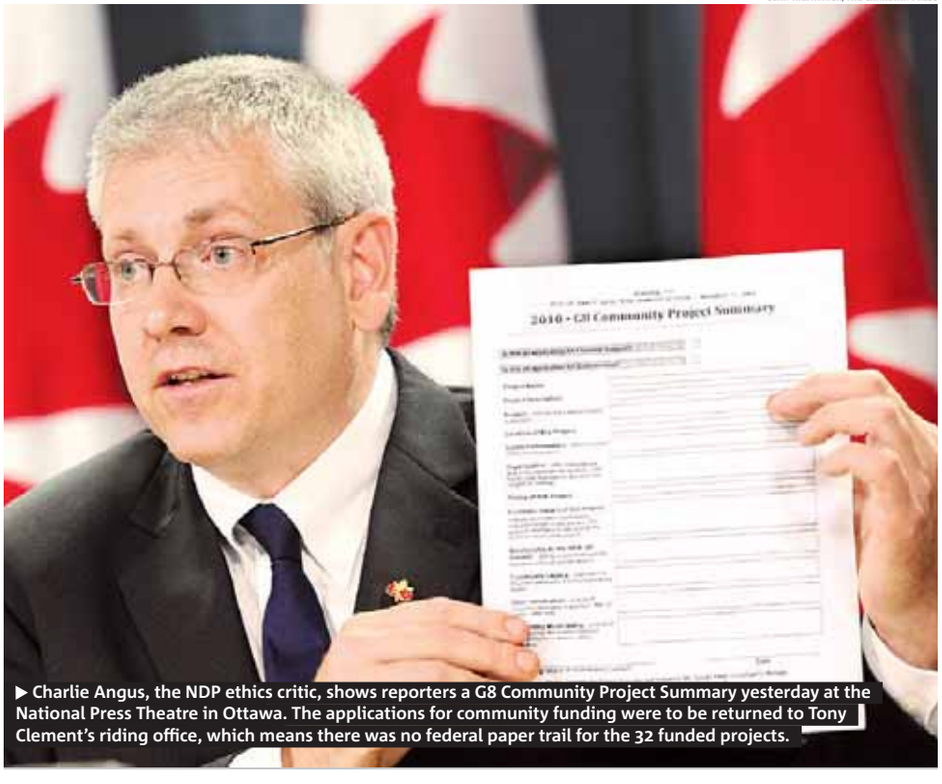
"It is completely unacceptable to use a constituency office, to use a homemade form, to set up a private process to spend taxpayers' money," NDP ethics critic Charlie Angus said at a news conference in Ottawa.

THE CANADIAN PRESS

G8 legacy

- **Sheila Fraser's audit**, released in June, found that the Conservatives passed off the $50-million G8 legacy cash as part of an $83-million fund to reduce border congestion.
- **G8 spending included** funding for public toilets, gazebos and other beautification projects hours away from the summit site in Tony Clement's sprawling Ontario riding.

SEAN KILPATRICK/THE CANADIAN PRESS



▶ Charlie Angus, the NDP ethics critic, shows reporters a G8 Community Project Summary yesterday at the National Press Theatre in Ottawa. The applications for community funding were to be returned to Tony Clement's riding office, which means there was no federal paper trail for the 32 funded projects.

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Total obligation is $8,956/$23,200/$11,602. Option to purchase at lease end is $14,677/$8,385/$18,443. $350 lease acquisition fee included (GMC Terrain). Excess wear and tear and km charges not included. Other lease options available. $350 Lease Acquisition Credit (tax exclusive) available only to qualified retail customers who lease a 2011 GMC Sierra 1500 reflected in offer(s) in this advertisement. Offers valid to August 31, 2011. ♥Variable rate financing for 84 months on 2011 GMC Terrain SLE FWD R7A/Sierra 1500 Reg. Cab 2WD R7A/Sierra 1500 Crew Cab 4WD R7E). O.A.C. by TD Bank. Bi-weekly payment and variable rate shown based on current TD Bank prime rate and is subject to fluctuation; actual payment amounts will vary with rate fluctuations. Example: $10,000 at 3% for 84 months, the monthly payment is $132.13. Cost of borrowing is $1,098.92. Total obligation is $11,098.92. Down payment and/or trade may be required. 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Applies to new 2011 and 2012 GM vehicles, excluding Chevrolet Volt, Sonic, Orlando, Express and GMC Savana at participating dealers in Canada. Employee price excludes freight, license, insurance, registration, fees associated with filing at movable property registry/PPSA fees, duties, marketing fees and taxes. Dealer may sell for less. Dealer order or trade may be required. Limited quantities of 2011 models available. Offer may not be combined with certain other consumer incentives. GMCL may modify, extend or terminate this offer, in whole or in part, at any time without notice. See dealer for details. **Offer applies to new 2011 MY Silverado/Sierra Heavy Duty Models delivered between June 6, 2011 and August 31, 2011 at participating dealers in Canada. Dealer order or trade may be required. This offer may not be combined with certain other consumer incentives available on GM vehicles. GMCL may modify, extend or terminate this offer in whole or in part at any time without notice. Conditions and limitations apply. See your GM dealer for details. ♠Durability based on longevity, as sourced from R. L. Polk Canada, Inc.; Canadian Vehicle in Operation registrations as of July 1, 2010 (Model Years 1988 to 2009) and Total New Vehicle Registrations for the full-size light-duty pickup truck segment, including chassis cabs. Based on % of vehicles remaining in operation, weighted on age of vehicle.

Crash victim was stock-car racer

JESSICA SMITH
@METRONEWS.CA

The man killed in a head-on collision between a car and tractor trailer on Bank Street in Greely Sunday evening was a stock-car driver at the Capital City Speedway.

"It is with a heavy heart that we inform you that Capital City Speedway has lost one of its best," Ottawa Speedway officials said in a post on their website. "Ken Sproule passed away (Sunday) night as a result of an automobile accident.

"CCS and all of its drivers and fans would like extend our condolences to the Sproule family. Ken was a great man and one of our most respected drivers and a friend to all. He will be greatly missed."

Sproule drove Car 99 in the Thunder class at the speedway.

He was pronounced dead at the scene of the collision with the tractor trailer, paramedics said.

Sproule was the sole occupant of his vehicle.

The driver of the tractor trailer, a 59-year-old man, suffered only minor cuts and a minor hand injury, paramedics said. He was treated at the scene and refused to be taken to hospital.

Ottawa police are investigating the crash.

FACEBOOK.COM

▶ Ken Sproule

Mayor pledges to aid Heron Gate

People shouldn't have to live in substandard conditions: Jim Watson
Meeting with property owner set

JOE LOFARO
@METRONEWS.CA

Mayor Jim Watson is frustrated that the city is spending time and effort on maintenance problems in the Heron Gate housing complex and says he will personally intervene to resolve the situation.

Tenants have been complaining for months about outstanding work orders to fix problems such as mouldy basement walls, vermin and garbage not being picked up.

"I have sympathies for the residents who have had some real challenges with the maintenance and cleanliness," Watson said.

Watson is arranging a meeting in early September with property owner Transglobe Property Management Services, Ottawa ACORN and the Heron Gate community association.

"In fairness to Transglobe ... it's a very large, complex development to manage, but they knew that going in."
PHILIP ROSEN, HERON GATE RESIDENT

Ottawa ACORN held a press conference yesterday with about 25 tenants to make a public plea to the mayor to enforce city by-laws, which they claim are being violated by Transglobe.

"Things have deteriorated over the years, but especially in the last four years since Transglobe took it on," said Philip Rosen, a Heron Gate resident of 31 years.

JOE LOFARO/METRO FILE

▶ Heron Gate resident Sana Dia points to her fellow residents' signs showing photos of poor living conditions during an Ottawa ACORN rally on July 26.

1 news

A glimpse of the future as concert experiments with all-mobile ticketing. Scan code for story.

To scan 2D barcodes in Metro, download the free ScanLife app at 2dscan.com.

On the web at metronews.ca

Stock markets have been a wild ride recently, but that's no reason to run from it. Allan Small has more at metronews.ca/investing

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TRANSIT IN THE CITY

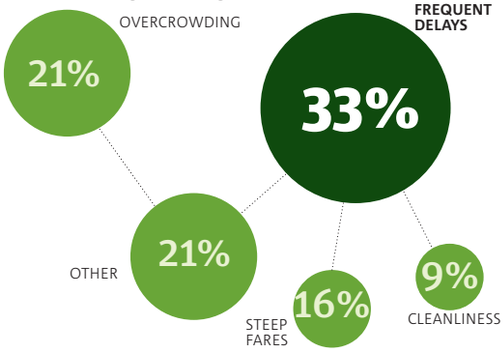
Drivers, riders chime in

Ever show up late to work because your train broke down? Or forked over a small fortune to ride a cab home because you missed the last bus? It looks like you're not alone. From tardy service to illegible timetables, Metro readers from coast to coast shared their beefs with transit in their city. Here's what you had to say ...

MIKE ARSENAULT/FOR METRO

▶ An Ottawa bus.

What's your biggest complaint about transit in your city?



Your take ...

RATE YOUR SYSTEM

Check out our online poll and rate your city's transit customer service system. Visit metronews.ca. Poll results will be printed in tomorrow's edition.

BUILD YOUR IDEAL SYSTEM

If you had the power to change your city's transit system, what would you do? Create 24-hour service? Put debit machines on buses? Email us at ottawaletters@metronews.ca or send us a message on Twitter @metroottawa. The best answers will be printed in tomorrow's edition. METRO

Transit operators across the country speak out

Sure, riding the bus can sometimes be frustrating, with long waits at transit stops, overcrowded buses and the occasional cranky driver.

But driving a bus can be just as trying on the nerves, according to bus drivers across the country.

Gavin Davies, who has been driving a bus in the Vancouver area for more than 20 years, said he often has to deal with drunk and "inconsiderate" riders while trying to keep focused on the road.

Toronto Transit Commission driver Sherry Newton has had her share of people yell at her for not pulling over once she'd pulled away from a stop.

"People yell and scream at you for not stopping to pick them up," she said.

"What they don't know is that it's (a safety) policy.

"It would be nice if (riders) were more aware of our do's and don'ts."

Wayne Slawter, a 13-year veteran bus driver in Halifax, said one negative passenger experience can ruin a driver's day.

"You have some days where, in all reality, the public is just not very nice to you, and sometimes you might get a little down from it," he said.

"(But one) person can get on after that, say please and thank you and have a good day, and it erases all that negativity that just happened to you."

According to Angelo Da Silva, an Edmonton bus driver, patience is the key to staying calm and happy on the job — whether it's dealing with obnoxious drivers, rush-hour traffic or construction delays.

"If you don't have patience, you're not cut out for driving (for a living)," he said with a laugh.

TERRIS SCHNEIDER IN VANCOUVER, PHOEBE HO IN TORONTO, HEATHER MCINTYRE IN EDMONTON, RACHEL WARD IN HALIFAX

Coming up next

Grab a copy of Metro tomorrow for the final instalment of our three-part transit series. We'll look at what readers from coast to coast would do if they could start from scratch and build their own transit system, as well as the role of smartphones in making transit more predictable and user-friendly.

Reader tweets

What would you like to see from OC Transpo?

- **@Brian M Carroll:** "Realtime GPS-based time status."
- **@W McLean:** "Jail for #OC-Transpo passengers who block the front aisle. OK, maybe not - but fine them or something. It's out of hand.
- **@I heart OCTranspo:** "rail everywhere! Also, live updates at all major stations, and a more social #octranspo!"
- **@Kevin Force:** "I would like to see a more reliable service and better service to the west end"
- **@Lindsay M:** "Customer service personnel who don't treat passengers like crap."

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Former canine-in-chief makes visit to Ottawa

Ex-presidential pooch starring in 'feel-good family movie'

JOE LOFARO
@METRONEWS.CA

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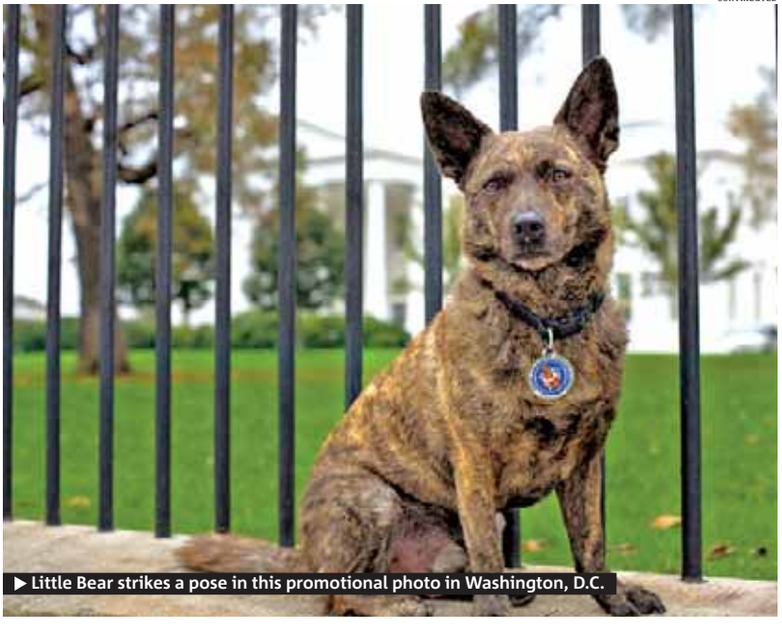


▶ Little Bear strikes a pose in this promotional photo in Washington, D.C.

The Cineplex Coliseum will roll out the red carpet today for a famous four-legged movie star, and no, it's not a Lassie or Beethoven.

Little Bear, a nine-year-old Kai Ken, lived briefly with former U.S. president Ronald Reagan and his wife, Nancy. The pooch turned thespian was found by the Reagans' daughter, Patti Davis, and was adopted by Ottawa-born director and writer Bryan Michael Stoller in 2002.

The brush with the White House inspired Stoller to write and produce the movie First Dog, which stars Little Bear and makes its Canadian premiere at the Carling Avenue theatre tomorrow.

Stoller and Little Bear will do a meet and greet with fans at the theatre at 2 p.m. today.

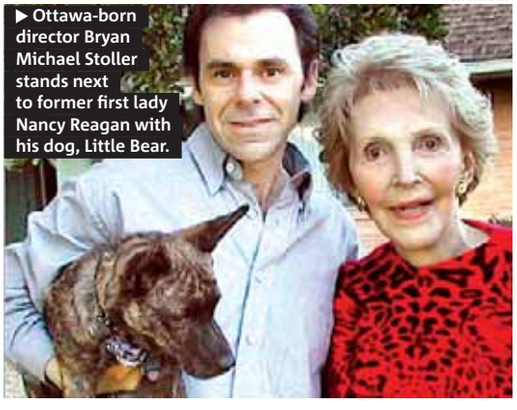
In First Dog, nine-year-old foster child Danny Milbirght, played by John-Paul Howard, finds a lost dog who turns out to belong to the president of the United States. He then flees the foster home with the dog to return it to the White House.

"I'm excited to be here. To me this is most exciting because it's my hometown. I'm proud of my hometown," said Stoller.

Little Bear may brush paws with Hollywood stars and fly first class, but the fame doesn't get to his head. Stoller said Little Bear is a licensed therapy dog and regularly visits the children's hospital in Los Angeles to play with sick children.

"He does that for no charge, so that's why I had to put him to work as an actor to get paid," said Stoller. "He needs a paying job."

CONTRIBUTED



▶ Ottawa-born director Bryan Michael Stoller stands next to former first lady Nancy Reagan with his dog, Little Bear.

Sign of the times

AMEN JAFRI/ FOR METRO

▶ Residents of this Bruyère Street row home say they were surprised by the sign announcing developers wanted to build a condo unit where they live.

The zoning bylaw sign was hammered in front of 324 Bruyère St. long before Lucy Swift or her neighbours learned their 100-year-old row house would be cleared away for a Claridge condo building.

"The largest majority of the community are shocked that it happened so quickly and that it happened without warning," she said from her home at 334 Bruyère St.

Swift and her husband, Adam Barbolet, attended the planning committee meeting yesterday at city hall. Barbolet was one of six community representatives who asked councillors to preserve the character of their neighbourhood. Instead, councillors approved an amended motion for a 101-unit, five-storey building between Bruyère and St. Andrew streets.

Claridge first submitted a proposal on December 2010 to zone the area between Bruyère and St. Andrew, a neighbourhood dominated by two- to three-storey low-rise buildings. The original proposal included an eight-storey building facing Bruyère and three new townhouses on St. Andrew.

Coun. Jan Harder said the city will work on a solution for the tenants who will be displaced.

The amended proposal goes to council next week for final approval.

AMEN JAFRI

Bus accident leaves man critical

A 40-year-old man is in critical condition after being hit by a bus yesterday afternoon in downtown Ottawa.

Police say the collision involving an OC Transpo bus took place at 4:45 p.m. on Lees Avenue close to the University of Ottawa.

THE CANADIAN PRESS

Conviction of pet owner a first: OHS

A woman who left two poodle puppies locked in her car on a hot day is facing a $200 fine and one year's probation in the first conviction of its kind in Ontario, said the Ottawa Humane Society on Monday. Mehrbanoo Hejri Mashahad pleaded guilty last Thursday.

JESSICA SMITH

Resistance. Fighters

▶ Tibetan spiritual leader the Dalai Lama and former Second World War French resistance fighter Stephane Hessel at a conference in Toulouse, France, yesterday.

BOB EDME/THE ASSOCIATED PRESS

Dalai Lama visits France

The Dalai Lama began a three-day visit to France on Saturday, saying rapprochement with Beijing was possible and that if all rights are genuinely implemented, "then it's in our interest to remain within" China.

Mayor blasts Tories

◗ Says threatening email to widow was 'shameful' ◗ She is trying to raise awareness of asbestos issue ◗ Government defends industry

The mayor of Sarnia, Ont., has written a letter to the Conservative Party of Canada, accusing it of "absolutely shameful" behaviour in its dispute with the widow of an asbestos victim.

Sarnia Mayor Mike Bradley reacted to news that the woman, Michaela Keyserlingk, received a threatening email warning her to stop using the party's trademarked logo in her anti-asbestos ad campaign.

"Your actions on the asbestos issue ... with threatening a widow whose husband died of exposure to asbestos are absolutely shameful," Bradley wrote in an email to Conservative Party executive director Dan Hilton.

"I invite you to come to Sarnia Lambton and see the devastating impact asbestos has had on countless lives of the people of this community and why it is morally wrong for Canada to support and promote the export of asbestos."

Keyserlingk, whose husband Robert died in 2009 of a cancer linked to asbestos exposure, said yesterday that she's received a wave of supportive emails since going public with the Tory warning. Her banner ad reads, "Canada is the only western country that still exports deadly asbestos!" and features a Tory logo.

The Conservatives under Prime Minister Stephen Harper have been adamant defenders of Canada's declining asbestos-mining industry.

THE CANADIAN PRESS

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Stealing from Somalia's poor

- **Food aid being hijacked, ending up in wrong hands: UN**
- **Government officials deny food for refugees being stolen**

THE ASSOCIATED PRESS

Thousands of sacks of food aid meant for Somalia's famine victims have been stolen and are being sold at markets in the same neighbourhoods where skeletal children in filthy refugee camps can't find enough to eat, an Associated Press investigation has found.

The UN's World Food Program for the first time acknowledged it has been investigating food theft in Somalia for two months. The WFP said that the "scale and intensity" of the famine crisis does not allow for a suspension of assistance, saying that doing so would lead to "many unnecessary deaths."

And the aid is not even safe once it has been distributed to families huddled in the makeshift camps popping up around the capital. Families at the large, government-run Badbado camp, where several aid groups have been distributing food, said they were often forced to hand back aid after journalists had taken photos of them with it.

Somali government spokesman Abdirahman Omar Osman said the government does not believe food aid is being stolen on a large scale but if such reports come to light, the government "will do everything in our power" to bring judicial action

The UN says more than 3.2-million Somalis — nearly half the population — need food aid after a severe drought that has been complicated by Somalia's long-running war.

THE ASSOCIATED PRESS

Egypt. Court

▶ Supporters of Egypt's Hosni Mubarak gather outside a police academy during a court hearing for the former president in Cairo yesterday.

KHALIL HAMRA, THE ASSOCIATED PRESS

Mubarak trial continues in Egypt

Ex-president Hosni Mubarak returned to court yesterday for his trial on charges of corruption and complicity in killing protesters during the mass uprising that ousted him from power.

180 **The Gannet Alpha oil rig is located 180 kilometres east of the city of Aberdeen, Scotland.**

Oil spill in North Sea

Royal Dutch Shell estimated yesterday that 204,000 litres of oil have spilled into the North Sea from a rig off Scotland's eastern coast.

THE ASSOCIATED PRESS

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FINANCE

TD buying credit card unit

TD Bank has agreed to buy the Canadian credit card business of Bank of America Corp., bulking up its position in the cards segment of the Canadian consumer debt market, an area where it has often lagged behind.

The bank said yesterday that it would pay a "modest premium" over the value of the assets, which is in the ballpark of $100 million, says TD's CEO Tim Hockey.

The agreement comes as Canadians households saddle more debt than ever, and the government warns of overspending.

TD Bank will pay cash consideration of $7.5 billion, assuming $1.1 billion in liabilities and wind up holding $8.5 billion in outstanding balances from about 1.8-million active credit card accounts.

THE CANADIAN PRESS

Google makes bet on Motorola

Google Inc. is buying cellphone maker Motorola Mobility Holdings Inc. for $12.5 billion US in cash. It's by far Google's biggest acquisition to date and a sign the online search leader is serious about expanding beyond its core Internet business.

Google said yesterday that it would pay $40 per share, a 63 per cent premium to Motorola's closing price on Friday.

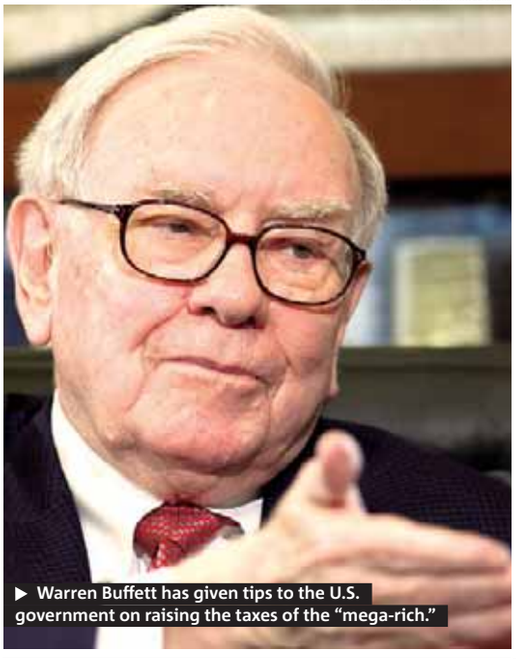
Motorola Mobility was separated from the rest of Motorola in January. The company has remade itself as a maker of smartphones based on Google's Android software, but has struggled against Apple Inc.

17,000
Motorola Mobility has more than 17,000 issued patents and Google intends to protect the Android ecosystem from lawsuits, probably through the acquisition of more patents.

The transaction could signal a wave of consolidations in the smartphone industry as players try to hook up manufacturing and software applications providers to compete with each other. THE CANADIAN PRESS

The rich should be taxed more: Buffett

NATI HARNIK/THE ASSOCIATED PRESS



▶ Warren Buffett has given tips to the U.S. government on raising the taxes of the "mega-rich."

Market moment

PRICES AS OF 5 P.M. YESTERDAY

TSX	Dollar	Oil	Natural gas 1,000 cu ft
+ 141.42 (12,683.61)	+ 1.11¢ (102.05¢ US)	+ $2.50 US ($87.88 US)	$3.973 (- 9.0¢)
			Gold contracts $1,758.00 (+ $15.40)

Billionaire believes payroll taxes should be increased for wealthy
Stop coddling us, he advises

Billionaire investor Warren Buffett is calling on the so-called "mega-rich" to pay more in taxes.

Buffett said yesterday in a New York Times opinion piece that he would immediately raise rates on households with taxable income of more than $1 million, and he would add an additional increase for those making $10 million or more.

He also recommends that the 12 members of U.S. Congress charged with devising a deficit-cutting plan leave rates for 99.7 per cent of taxpayers unchanged.

"My friends and I have been coddled long enough by a billionaire-friendly Congress," Buffett wrote. `

"It's time for our government to get serious about shared sacrifice."

Buffett noted that the mega-rich pay income taxes at a rate of 15 per cent on most investment income but practically nothing in payroll taxes.

"People invest to make money, and potential taxes have never scared them off."
WARREN BUFFETT, BILLIONAIRE INVESTOR

The middle class, meanwhile, typically falls into the 15 per cent and 25 per cent income tax brackets and is hit with heavy payroll taxes.

He said Washington legislators "feel compelled to protect us, much as if we were spotted owls or some other endangered species."

Buffett said he knows many of the mega-rich well, and most wouldn't mind paying more in taxes, especially when so many fellow citizens are suffering.

He also said he has yet to see anyone shy away from investments because of tax rates on potential gains, even when rates were much higher in the mid-1970s, 1980s and 1990s.

THE ASSOCIATED PRESS

ADULTHOOD: ARE WE THERE YET?

SHE SAYS ...

JESSICA NAPIER
METRO

Tomorrow is my 26th birthday. I am officially entering the early stages of my late 20s and I'm not having a panic attack about it … surprisingly. I remember when 26 seemed impossibly old, the way 35 seems to me right now I guess, but now I've really started getting comfortable in my quarter-life status.

The days of looking forward to age-specific birthdays as they relate to laws — driving, voting, gambling, drinking — are long gone as all of the milestones start to blend together. When people ask, "How old are you?" I often answer incorrectly, not because I'm embarrassed but because I really cannot remember — another sign of just how much I've settled into being a "20-something" rather than a specific number.

When I look in the mirror I don't feel old and yet, when I revisit photo albums from a mere three or four years ago, I am flabbergasted at just how young I looked. Even if I could kid myself into thinking I was still a youthful 22-year-old, there's always someone there to remind me that I most certainly am not.

"We whine sardonically about being 'too old' for stuff that we still do on a regular basis. We're too old to host keg parties, too old to live in a basement apartment, too old to wear five-inch heels, too old to be waking up in a stranger's bed, too old to go back to school and so on."

Last weekend I was at a department store buying overpriced face wash (I grew out of my Neutrogena years a long time ago) when the saleswoman at the cosmetic counter inquired about my anti-aging skin-care regime. "Purely preventative, of course," she said, eyeing my apparently not-so-smooth complexion. I spent that afternoon surveying the landscape of my face: A little sun damage but no discernable wrinkles to date — although maybe I should give up frowning just in case.

But it's not just the physical changes that have me feeling like I'm getting on in years.

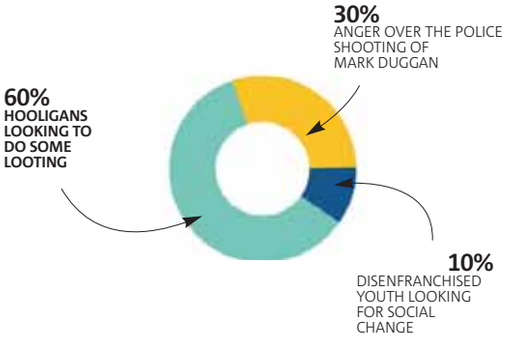
All of my peers in the 25-to-30 age bracket seem to make a habit of complaining about just how ancient we've gotten. We whine sardonically about being "too old" for stuff that we still do on a regular basis. We're too old to host keg parties, too old to live in a basement apartment, too old to wear five-inch heels, too old to be waking up in a stranger's bed, too old to go back to school and so on.

And herein lays the irony of mid-20s limbo: Old enough to know better but immature enough to do it anyway. We're almost grownups, but we're not quite there yet.

Read more of Jessica Napier's columns at metronews.ca/shesays

Register at metropolitanpanel.ca and take the quick poll

What is really behind the London riots?



Local tweets

- **@rkeir18:** Officially Moving back to #Ottawa sept 1st! wohoo cannot wait 17 more sleeps
- **@innerG_katee:** Down to date a bus driver, all the free ridesss! #survivaltip in ottawa
- **@ottgal:** People watching on Elgin; man taking his two dogs and pet SNAKE for a walk.
- **@ashleyscorpio:** Where did summer go? #Ottawa #YOW #Weather
- **@MissKeriBaby:** My kinda workout today!! 2 games of b-ball, drills w/ 10lb weight ball, & finished w/ suicides...cardio crazy! Now time to shop in Ottawa :)
- **@GGDavidJohnston:** Sharon and I are leaving Ottawa for #Nunavut to visit some of the most northern communities in Canada. goo.gl/8BcS6 <http://t.co/UPV1d64>
- **@nickcharney:** I'm looking for 2 public servants in Ottawa that are actively contributing to the Ottawa culture, start naming names people.

Worth mentioning

MAD COWS. A University of Alberta scientist has figured out a way to transform cattle parts into plastic to offer a potentially profitable alternative to the disposal of all those bits that the mad cow crisis turned into to waste.

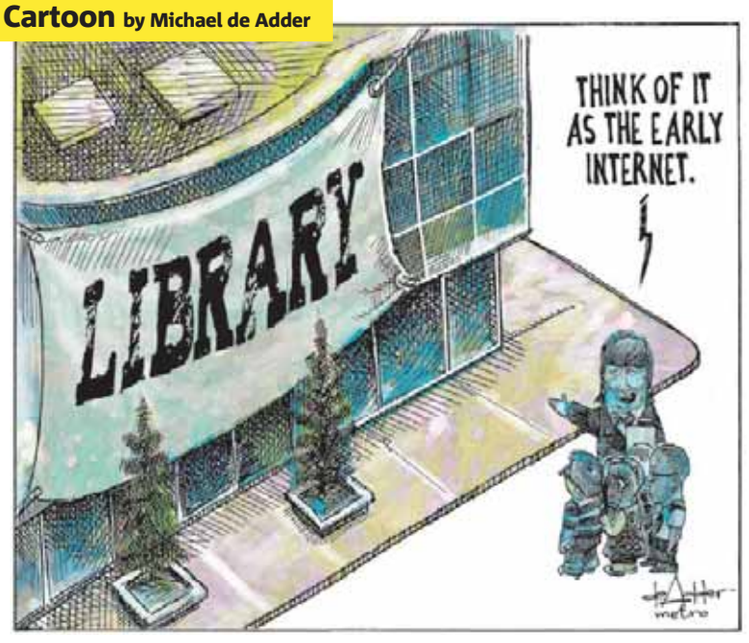
Canada's cattle industry was devastated in 2003 when mad cow disease was discovered on an Alberta farm. In addition to trade disruptions that continue to plague ranchers, cattle brains and spinal cords, known as specified risk materials, could no longer be used for fear of possible infection and were rendered worthless.

What producers or meat processors once sold for up to $100 a tonne now costs them $30 a tonne in disposal costs.

Biochemical engineer David Bressler and his team found they could use highly pressurized water to break down proteins in the materials into smaller bits that could be bound together with a second chemical, much like the rungs joining two sides of a ladder.

The process creates a brownish, opaque, odourless powder that can be cast into any shape. **THE CANADIAN PRESS**

Cartoon by Michael de Adder



WEIRD NEWS

Mayor sends ex-wife a rock-solid gift

A Quebec mayor could face criminal charges after he delivered an unwelcome birthday present to his ex-wife: A 20-tonne boulder, topped with a pink ribbon, dumped on her front lawn.

Dany Lariviere, mayor of St-Theodore-d'Acton, delivered the not-so-happy birthday gift over the weekend to Isabelle Prevost — from whom he divorced last year after a decade of marriage.

The giant stone was spray-painted with the message, "Happy birthday, Isa."

Lariviere owns an excavation company. He said he used one of his own front-end loaders to transport the rock.

He jokingly compared it to a giant diamond ring. He said his ex-wife always wanted one, and he described his "present" in one newspaper interview as 18-to-24 "carat-tonnes."

"I brought what we call a big rock to my ex-wife," Lariviere later added in an interview with The Canadian Press.

"I took a rock from one of my quarries and I brought it to her place with a little message and a nice ribbon, just like a real gift."

THE CANADIAN PRESS

metro

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2 scene

Feature film faceoff

As two Snow White films get ready for release next year, we look back at the box office revenue of other similar projects that were released within months of each other

Movie 'A'	Movie 'B'	The verdict
Battle at the OK Corral **Tombstone (Dec. 25, 1993)** Gunslinger and law enforcer Wyatt Earp moves to Tombstone and gets in a gunfight at the O.K. Corral with the outlaw Cowboys. **Stars:** Kurt Russell and Val Kilmer.	**Wyatt Earp (June 24, 1994)** Wyatt Earp becomes a broken-hearted widower and then moves to Tombstone, where as a gunslinger and law enforcer he shoots up the outlaw Cowboys. **Stars:** Kevin Costner, Dennis Quaid and Gene Hackman.	**First shot wins** Tombstone sold $57 million at the U.S. box office. Wyatt Earp grossed less than half of that, $25 million, about six months later.
Fighting in Europe **Rob Roy (April 7, 1995)** The leader of a Scottish clan battles with feudal landowners in the 18th century. **Stars:** Liam Neeson and Jessica Lange	**Braveheart (May 24, 1995)** A Scottish rebel leads an uprising against English oppressors in the 13th century. **Stars:** Mel Gibson	**Courage prevails** Rob Roy sold $59 million worldwide. Braveheart came out less than two months later yet grossed much more, $204 million.
Eruption of the Volcanoes **Dante's Peak (Feb. 7, 1997)** A dormant volcano in Washington state erupts, endangering a nearby town. **Stars:** Pierce Brosnan and Linda Hamilton.	**Volcano (April 25, 1997)** A dormant volcano under Los Angeles erupts and rains lava bombs on the city. **Stars:** Tommy Lee Jones, Anne Heche and Don Cheadle	**Dante delivers** Dante's Peak grossed $169 million worldwide, while Volcano grossed $120 million about three months later.
Catastrophic clash **Deep Impact (May 8, 1998)** A comet is on its way to destroy Earth, and 800,000 people are randomly selected to keep the human race alive. **Stars:** Robert Duvall, Tea Leoni and Morgan Freeman	**Armageddon (July 1, 1998)** An asteroid is on its way to destroy Earth and a team of offshore drillers is sent to plant a nuclear bomb that will knock it off course. **Stars:** Bruce Willis, Ben Affleck and Liv Tyler	**Low impact** Deep Impact sold $349 million worldwide and Armageddon grossed $555 million despite coming out just two months apart.
Tale of a princess **Untitled Snow White Project (March 16, 2012)** An exiled princess enlists seven dwarves to win back her birthright from an evil queen in an adventure comedy. **Stars:** Julia Roberts and Armie Hammer	**Snow White and the Huntsman (June 1, 2012)** An exiled princess trains in the art of war with a huntsman dispatched to kill her and tries to overthrow an evil queen in an epic adventure. **Stars:** Kristen Stewart, Chris Hemsworth and Charlize Theron	**Mirror, mirror** Stay tuned to see which princess finds favour with audiences.

METRO/THE ASSOCIATED PRESS

Cellphone drama

Paris Hilton has reportedly lost two mobile devices on a flight to the Philippines for a visit to promote a hotel resort.

Television footage showed Hilton combing through a bag looking upset while she was surrounded by airline staff at the Manila airport late Sunday after arriving from Dubai.

Manila radio station DZBB reported that airport and airline authorities are investigating.

In 2005, hackers gained access to Hilton's Sidekick cellphone and famously splashed the private mobile numbers of her celebrity friends online.

THE ASSOCIATED PRESS

Box set about Presley's breakout year of 1956 to be unveiled during Elvis Week in Memphis

Studios take bite from the same apple

Next year, a pair of live-action adventure flicks based on Snow White will come out in theatres just months apart.

The first, still-unnamed Snow White movie is set for release March 16. That gives moviegoers two and a half months before Snow White and the Huntsman on June 1. Executives are confident that both projects can succeed, given their differences in stars, tone and plot.

This cinematic standoff pits a couple of "frenemy" studios against each other — newbie studio Relativity Media and its longtime distribution partner, Universal Pictures.

Since 2005, Relativity had provided financial backing for most of Universal's new movies in a deal that was to last through 2015. But Relativity has been eager to make money from distributing as well.

GETTY IMAGES

▶ Charlize Theron is set to play an evil queen.

So in June, Relativity passed its co-financing deal with Universal to Relativity's financial backer, Elliott Management. That paved the way for the two studios to compete head to head — Relativity with the unnamed movie and Universal with Huntsman.

"It's the nature of competition. It's the nature of this business," said Tucker Tooley, Relativity's president of worldwide production.

Universal executives declined to comment.

Executives argue that the two Snow White movies are spaced far enough apart so that advertising one won't inadvertently drive people to the other.

Most movies make 95 per cent of their sales in the first four weeks. So there's plenty of time to get refreshed and go out again.

"Ten weeks in the movie business is a lifetime," said Huntsman producer Joe Roth.

THE ASSOCIATED PRESS

Sturgess comes home

STEVE GOW
SCENE@METRONEWS.CA

For British actor Jim Sturgess, filming the romantic drama One Day was like coming home again.

"It was kind of cool," said the Across the Universe star recently in New York. "I've done one other film in London but it was sort of nice to shoot on streets that I know and recognize and walk down in my everyday life."

Set in England, Edinburgh and Paris, One Day is based on the international bestselling book by David Nicholls and features Sturgess and Anne Hathaway as two English chums whose love blossoms as they reunite on an anniversary date over 20 years.

"I never made a film where the book is so much of a help," insisted Sturgess, who contributes the involvement of Nicholls to the filming's ease.

"To make an adaptation (and) have the writer who wrote the book write the screenplay for the film; to have him around on set, to dive into the book and just read more thoroughly about this scene that you're in at that particular time was a massive help."

HANDOUT

▶ Anne Hathaway and Jim Sturgess star in One Day.

Published in more than 30 countries, One Day will undoubtedly have a dedicated following when the film hits theatres this Friday.

For Sturgess, that also means there will be a lot of scrutinizing eyes watching his performance measure up to the character in the novel. But he is likely hoping fans' opinions are slightly less critical than his own. "A lot of people read books and think of actors to help get an image of the character but I don't really do that. I think of types of people so I had a type of person in my head and then suddenly I had to put my face in there," laughed Sturgess. "(It was like) what are you casting me for? This is all wrong."

DVD Releases

Jane Eyre
Genre: Drama
Director: Cary Fukunaga
Stars: Mia Wasikowska
🌐🌐🌐½

Mia Wasikowska commands the title role for the 19th Jane Eyre, and like a distaff version of 007, she's a heroine who shakes and stirs. Luminous in The Kids are All Right and Alice in Wonderland, Wasikowska makes drab seem rad in director Cary Fukunaga's insightful rendering of Bronte's gothic love story, a new classic version of this oft-told tale.

She's superbly matched with Michael Fassbender, the charming chameleon of Hunger and Inglourious Basterds, who as Jane's mysterious swain Edward Rochester is a figure at once menacing and vulnerable.

Rounding out the impeccable cast are Judi Dench as Rochester's loyal housekeeper Mrs. Fairfax, and Jamie Bell as the starched clergyman St. John Rivers.

Fukunaga's vision, in concert with screenwriter Moira Buffini (Tamara Drewe), strips the Bronte novel to its dark roots about the physical and emotional travails of young orphan Jane.

The two main protagonists have been given small but significant personality makeovers: Jane is less pious and Rochester is less verbose than in the novel. Wasikowska and Fassbender do such a superb job in their roles, and match together so well, that no one need fear any disservice to Bronte's everlasting intention: a love story where the woman is the equal to the man.

PETER HOWELL

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Baby on way for Duff and Canadian hubby

ALL PHOTOS GETTY IMAGES

Hilary Duff and Mike Comrie

Former child star grows up
Breaks the news on anniversary

Hilary Duff and husband Mike Comrie know how to celebrate an anniversary — by starting a family. The singer and actress took to her official website to announce that she's expecting her first child. "This weekend, Mike and I are celebrating our one year anniversary," Duff posted. "We also want to share the exciting news that baby makes three! We are extremely happy and ready to start this new chapter of our lives. Thanks to everyone for the continued love and support throughout the years." METRO

You did what this weekend?

Tara Reid announces engagement, marriage, from Greece Shares info via Twitter within the span of a day

Tara Reid had a whirlwind weekend in Greece, first announcing via Twitter that she and a man named Zack Kehayov were engaged.

But mere hours later, she updated her status again. "Just got married in Greece. I love being a wife." Reid was previously engaged to Internet entrepreneur Michael Axtmann, but called it off in April 2010.

METRO

Tara Reid

Reese Witherspoon

Did Witherspoon gets inked up?

Reese Witherspoon showed off her beach-ready body — and some surprising new body art — while vacationing in Hawaii recently, according to Us Weekly. The bikini-clad Oscar-winner was spotted beachside with husband Jim Toth Sunday, where a tattoo of a star flanked by two birds was prominently displayed on Witherspoon's abdomen. The ink was first spotted over the July 4th weekend, but it wasn't clear at the time if it was permanent.

METRO

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It's his party and he'll flirt if he wants to

GIRLS GO WILD. Joe Jonas celebrated his 22nd birthday in Las Vegas over the weekend with a day of parties at a number of clubs, according to People magazine.

Jonas — whose actual birthday was yesterday — got more female attention as the night went on, which was fine by him. "I'm single," the birthday boy admitted to Hollyscoop. METRO

Quick Dish

Johnny Depp

No-go for Lone Ranger

SORRY JOHNNY. Looks like Johnny Depp won't be riding off into the sunset in a big-screen remake of The Lone Ranger, as Disney reportedly pulled the plug on the film project after producers were unable to bring down the whopping $250 million budget, according to Deadline. Depp, who was going to play Tonto, is reportedly still optimistic something can be worked out. METRO

Celebrity tweets

@mindykaling

"I really don't want Bar Rafaeli to get back together with Leonardo diCaprio again if this Blake Lively thing blows over."

@Jonah Hill

"I'm in London any cool stuff I should do?"

@RitaWilson

"Working vs. tweeting? I forget to tweet when I work!"

@SteveMartinToGo

"Playing computer chess with myself, but finding it hard to climb on desk, straddle monitor and look down."

Jessica Alba

Stork visits Alba again

Jessica Alba gave birth to her second daughter over the weekend, she announced on Facebook. Haven Garner Warren weighed in at 7 pounds.

"Big sister Honor couldn't be more excited about the new addition to our family," Alba wrote.

"Thank you for all of your support during my pregnancy. It means the world to me."

Alba previously told Ellen DeGeneres that she'd taken "hypnobirth classes" to prepare for baby No. 2.

"It's not like the clock in front of your face and you go out and you wake up and you got a baby," she joked. "Basically my husband takes me through sort of a meditation. It's not like a weird thing." METRO

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3 life

Hospitals

Canadians are more likely to catch a bug while receiving care than people in almost any other affluent country. Here are rates of health care-associated infections, from the World Health Organization:
Canada: 11.6%
U.K.: 9%
Spain: 8.1%

CELIA MILNE

Researchers find new ADHD genes, some also seen in autism, schizophrenia

ISTOCK PHOTOS

▶ Recent studies have shown that patients who walked shortened their hospital stay by an average of a day and a half.

Walk before you run

Studies show that patients who are mobile during their hospital visits get released earlier

CELIA MILNE
LIFE@METRONEWS.CA

When Granny's in hospital, she might recover more quickly if she walks the corridors.

Several studies worldwide have found that elderly patients who are mobile while in hospital get released earlier than those who stay in bed.

"Walking really does pay off," says Efrat Shadmi, a researcher at Haifa University in Israel and co-author of a new study.

The study involved 485 patients over age 70 who were hospitalized for at least two conditions over two days or more. There were two groups: those who stayed in bed or seated next to their bed, and those who walked around their room and the hospital ward. The patients who walked shortened their hospital stay by an average of a day and a half.

"Higher levels of mobility emerges as an important factor associated with shorter length of stay."
DR. ANNA ZISBERG

"Higher levels of mobility emerges as an important factor associated with shorter length of stay," reported Shadmi and colleague Dr. Anna Zisberg in the Archives of Internal Medicine.

Mobility was beneficial for patients regardless of their functional status, age, cognitive ability, sex, and severity of illness.

Older patients might mistakenly believe they are supposed to stay in bed in order to get better.

This is not the case.

They can lose muscle power fast if they don't walk around.

Looking at clinical solutions

U of Alberta study suggests after hours clinics reduce emergency ward use Mixed results elsewhere

FLCIKER: TABERANDREW

▶ Alberta is looking at reducing the stress on emergency rooms by extending medical clinic hours.

A study by the University of Alberta suggests after-hours medical clinics can reduce demands on stressed hospital emergency wards — if the clinics have enough room.

"There was quite a strong correlation between a service offered outside the hospital that could ultimately influence how frequently people were using the emergency department," said David Jones, a PhD student at the university's School of Public Health.

Reducing wait times in hospital emergency rooms has been an issue across the country. The study looked at Leduc, a town of about 20,000 just south of Edmonton. It attempted to address the problem in 2006 by opening a clinic that ran from 6 p.m. to 10 p.m. Jones examined emergency room admittance statistics for 14 months before the clinic opened and another 14 months after. He concluded that visits to the local hospital's emergency ward dropped 40 per cent after the clinic opened. That decline was in cases considered semi-urgent such as bruising or stomach or joint pain.

"It makes intuitive sense," said Jones.

Previous studies have been inconclusive on the subject. But Jones suggests that's because they focused on small clinics in large cities, where the clinics didn't have enough capacity to make a difference.

"The mixed results might be because you're trying to put an intervention into a population of a larger size," said Jones. "What I argue is that the intervention would have to be larger in a larger centre."

Jones's study didn't examine the effect on wait times for people that did go to emergency wards.

The Leduc clinic was run through a partnership between physicians and Alberta Health Services.

Jones's study was published in the Journal of Primary Care and Community Health.

THE CANADIAN PRESS

Want to know if it's a boy or girl?

HANDOUT/THE ASSOCIATED PRESS

BOY OR GIRL? KNOW AS EARLY AS 7 WEEKS AFTER CONCEPTION!
NEW!
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pink or blue
Pregnancy Test
pink or blue

Boy or girl? A simple blood test in mothers-to-be can answer that question with surprising accuracy at about seven weeks, a research analysis has found.

Though not widely offered by North American doctors, gender-detecting blood tests have been sold online to consumers for the past few years. Their promises of early and accurate results prompted genetics researchers to take a closer look.

They analyzed 57 published studies of gender testing done in rigorous research or academic settings — though not necessarily the same methods or conditions used by direct-to-consumer firms.

The authors say the results suggest blood tests like those studied could be a breakthrough for women at risk of having babies with certain diseases, who could avoid invasive procedures if they learned their fetus was a gender not affected by those illnesses.

But the study raises concerns about couples using such tests for gender selection and abortion. Couples who buy tests from marketers should be questioned about how they plan to use the results, the study authors said.

THE ASSOCIATED PRESS

ISTOCK PHOTO

▶ Dieting just got easier.

DIETING

Log on and lose weight

Dietitians of Canada has improved its online tool to help Canadians plan meals, set goals for healthy eating and physical activity and track the results.

The national dietitians group said last week that the bilingual eaTracker, operational since 2005, has been updated. More than 75,000 of its 307,000 users have signed up since 2010.

"Using their feedback, we've updated the tool to help consumers make their best food and activity choices to support their good health," registered dietitian Lynn Roblin said in a release.

"It's a minefield out there for consumers with so much food and nutrition information; eaTracker provides one-stop shopping for consumers."

Check out eatracker.ca for more information.

THE CANADIAN PRESS

Autism risk in younger siblings higher: study

Overall threat to relations nearly double what it was previously thought

Parents of autistic children have long been told there's a roughly one in 10 chance a younger sibling may also develop the disorder, but a large international study suggests the actual risk is substantially higher.

The study by the international Baby Siblings Research Consortium, published Monday in the journal Pediatrics, estimates the overall risk at almost 19 per cent after studying 664 infant siblings with at least one older brother or sister with autism spectrum disorder.

Researchers found the risk was even higher in some cases: 26 per cent for male infants and more than 32 per cent for youngsters with more than one older sibling with autism.

ISTOCK PHOTO

▶ There is strong evidence that genetic factors play a critical role in the development of autism.

"This is the largest study of the siblings of children with autism ever conducted," lead author Sally Ozonoff of the University of California at Davis, said in a statement. "There is no previous study that identified a risk of recurrence that is this high."

But she said it's important to recognize the estimates are averaged across all the families that participated in the study, a collaborative effort involving researchers from the U.S., Canada and other countries. THE ASSOCIATED PRESS

Autism

What is it?

Disease factors Autism spectrum disorder (ASD) is a life-long neurodevelopmental condition that typically appears before age three and significantly affects a child's ability to think, communicate and interact with others.

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WHAT IS YOUR OUNCE OF PREVENTION?

One of the greatest challenges faced in the dental profession is something of an offshoot to the "if it ain't broke, don't fix it" philosophy. **Many people simply think that if there is no pain or discomfort, nothing is wrong.** So why bother seeing a dentist?

On a certain level, this is understandable. Other than our annual physical or other routine medical examinations, most of us do not visit our doctor when we are feeling great. So why should we be any different with our dentist?

To answer that question, let's focus on a key statement in the previous paragraph. We stated that **"Other than our annual physical or other routine medical examinations"**. Right off the bat, that tells you that the wise and healthy course of action to looking after your health is to have those examinations, **even when you feel perfectly healthy.**

Well dentistry is no different. Looking after your dental health is a vital component of looking after your overall health. And that means **the healthy choice is to visit your dentist at least twice per year, even if you are not experiencing any dental pain.**

The unfortunate truth is that a lack of pain today does not mean problems are not developing. You may be developing periodontitis, gingivitis or cavities without experiencing even the slightest discomfort. All of these conditions can allow potentially harmful bacteria easy access into your body where they can do much more damage to your mouth and beyond!

Dr. George Parry
Dental Surgeon

You have probably heard the stories of an acquaintance **feeling perfectly fine one day but waking up with a swollen, painful abscess the next!** And one of the most common themes for these occurrences is dental neglect. When you investigate, you often discover that the patient does not brush or floss regularly or that their last visit to the dentist was 3 years ago.

The result…an oral health condition that could have been easily treated without any discomfort is **now causing immense pain and might even require surgery to treat.** All of this can happen because somebody thought "it ain't broke"!

One thought we would like to leave you with is that **oral health conditions are amongst the most common, chronic health problems in the world today**. In some parts of the world, poverty is the main culprit. People in these regions are malnourished and lack the resources they need to look after their oral health.

In Canada, most of us are fortunate enough that this is not a problem. **We have the resources and education we require to look after our oral health.** We just have to use them.

So when it comes to your oral health, never mind the "if it ain't broke" philosophy. Work on the truism that **"an ounce of prevention is worth a pound of cure"!** Because maintaining that ounce of prevention is a healthy habit…and healthy habits lead to healthy lives.

Dr. George Parry
- Dental Surgeon

The secret's out, Le Muffin Plus is a must-visit for soup

It may have Muffin in its name, but this eatery's speciality is soup

LUNCH RUSH

SHARI GOODMAN
FOOD@METRONEWS.CA

SHARI GOODMAN

Smoked Meat Panini with Greek Salad, Clam Chowder and drink ($10.75).

Psssst… Ottawa has a Soup Guy. And his soup kitchen, Le Muffin Plus, is at the food court in the World Exchange Plaza.

You would think that muffins would be the speciality of this outlet, but it's actually the myriad of soup options that draws the crowd from The Hill and surrounding cubes.

And it's a popular spot that consistently causes a queue of customers, particularly during the lunch hour.

The Souper Special came with a Panini, side salad, soup and a drink.

The smoked meat Panini was fresh, not too fatty, filled with a generous amount of meat and laced with yellow mustard.

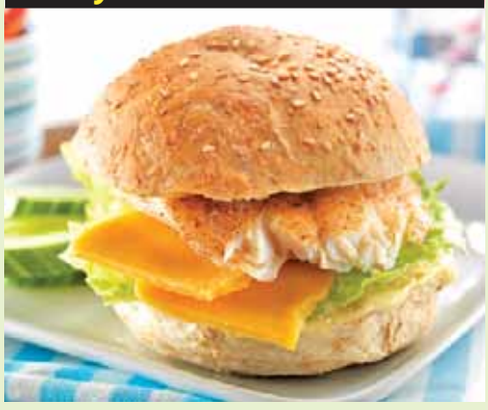
On the side, the Greek salad was fresh, crisp and sprinkled with cubes of feta. The soup brew contained lots of clams and nicely cooked potatoes. Finally, the strawberry smoothie was a refreshing sipper.

A Metro reader whispered this lunch spot tip to me, and it's a secret worth sharing.

Le Muffin Plus
World Exchange Plaza
613-232-0416
Client negotiations: No
Social lunch: Yes
Quick solo lunch: Yes
Price range: $
Rating: 5 out of 5

THE CANADIAN PRESS/GIBSON & SMITH

Honey Mustard Catch



Expand your child's palate — and satisfy yours — with these delicious haddock sandwiches. They use whole-wheat buns and the fish is baked rather than fried, making it a healthier option.

Preparation:

1. Slice buns in half. Combine ingredients for mayo mixture and spread 15 ml (1 tbsp) on the bottom half of each bun. Place lettuce and haddock on top, then add remaining bun half.

THE CANADIAN PRESS/ HELLMAN'S

Ingredients:

Honey Mustard Catch
- 4 haddock fillets (each 165 g/6 oz), baked
- 4 whole-wheat buns
- 4 large leaves romaine lettuce
- 4 slices (each 30 g/1 oz) low-fat cheddar cheese

Honey Mustard Mayo
- 60 ml (4 tbsp) low-fat mayonnaise-type dressing
- 30 ml (2 tbsp) Dijon mustard or honey mustard
- 30 ml (2 tbsp) honey or agave syrup (if using Dijon mustard)

The joy of ice cream minus the sugar

This tasty recipe relies on the sweetness of mangos, grapes and bananas rather than artificial sweetener

MATTHEW MEAD/ THE ASSOCIATED PRESS

This recipe makes three servings.

This ice cream is so healthy that sometimes you can serve it to your kids for breakfast. No, really.

You do need a food processor to make this frozen fruit-based treat, but the result is similar to soft serve ice cream.

And since it has no added sugar, you don't feel guilty about letting your kids add candy sprinkles to complete the ice-cream effect.

You can also get creative and use other toppings such as crushed cookies, peanuts, chocolate chips, shredded coconut or your own favourite sundae toppings.

If you find it too thick, simply add water, orange juice or lemon juice until you get the consistency you want.

Frozen grapes are a great treat on their own, too. To freeze them, all you have to do is wash fresh grapes and then arrange in an even layer on a baking sheet or pan. Freeze until firm, then transfer to a bag or container for longer storage.

And while not essential, the salt in the recipe goes a long way to heightening the natural sweetness of the fruits.

If you have frozen pop moulds, pour any leftovers into those and freeze for a great treat for later.

Ingredients:

- 1 bag (284 g/10 oz) frozen mango chunks
- 250 ml (1 cup) frozen red grapes
- 1 banana
- Pinch salt
- 50 ml (1/4 cup) orange juice
- Candy sprinkles (optional)

Preparation:

1. In a food processor, combine all ingredients. Process until very smooth, 2 to 3 minutes. You may need to stop and scrape the sides of the bowl once or twice to ensure all of the fruit is processed.

THE ASSOCIATED PRESS

TRY TO MAKE OTHERS FEEL GOOD

CHARLES THE BUTLER

ASKCHARLESTHEBUTLER@METRONEWS.CA

FOR MORE, VISIT CHARLESMACPHERSON.COM

Dear Charles the Butler: Where is the line between being well mannered, and simply faking it?
Just sayin'

Dear Just Sayin':

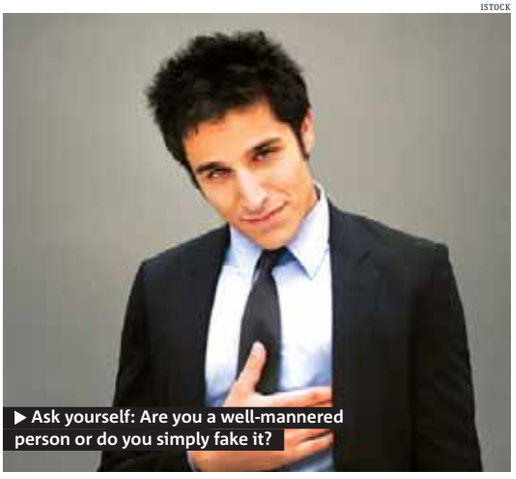
What a great question! A well-mannered person always puts themselves in someone else's shoes first and never attempts to belittle others or make them feel badly.

One of the absolute golden rules of etiquette is to make others feel good. Someone who is polite and well mannered will always do their best to make others around them feel comfortable, no matter how awkward the situation.

Someone who is false or disingenuous doesn't worry about others' feelings or making others feel comfortable in social situations. These people rely on what they see in the movies and on television for their cues to good manners and proper conduct. In practice, however, nothing could be further from the truth!

HAVE A QUESTION? EMAIL CHARLES AT ASKCHARLESTHEBUTLER@METRONEWS.CA.

ISTOCK



▶ Ask yourself: Are you a well-mannered person or do you simply fake it?

IGNORE POP CULTURE: COUGAR IS JUST A WORD

TWO SISTERS

As a woman approaches 40, popular culture begins to get nasty (in all sorts of ways). One particularly galling change is that a 40-ish woman enjoying a night out with the girls suddenly gets labelled a "cougar" and is automatically reduced to a thing of ridicule — regardless of her marital status. I hate that! So my question is, can a woman of a certain age still have fun? If so, how?
Miaow

ANDREA & CLAIRE
RELATIONSHIPS@METRONEWS.CA

Claire: Dear Miaow,

I'm going to assume that you and your friends aren't wearing any of the following: Lipliner, spandex (unless it's in the Spanx that nobody can see), Lucite heels, spike heels, anything shorter than two-inches above the knee, animal-print clothing so tight that the seams go white when you sit down.

I'm also assuming you're not showing: The kind of cleavage you can lose your appetizer in, underwear that is visible, or dance moves that involve you spanking yourself.

If these assumptions are correct, my advice is to ignore pop culture.

There is nothing more attractive than a woman who is happy, so if a night out with the girls makes you happy, tell pop culture to stick it where the leopard print don't shine.

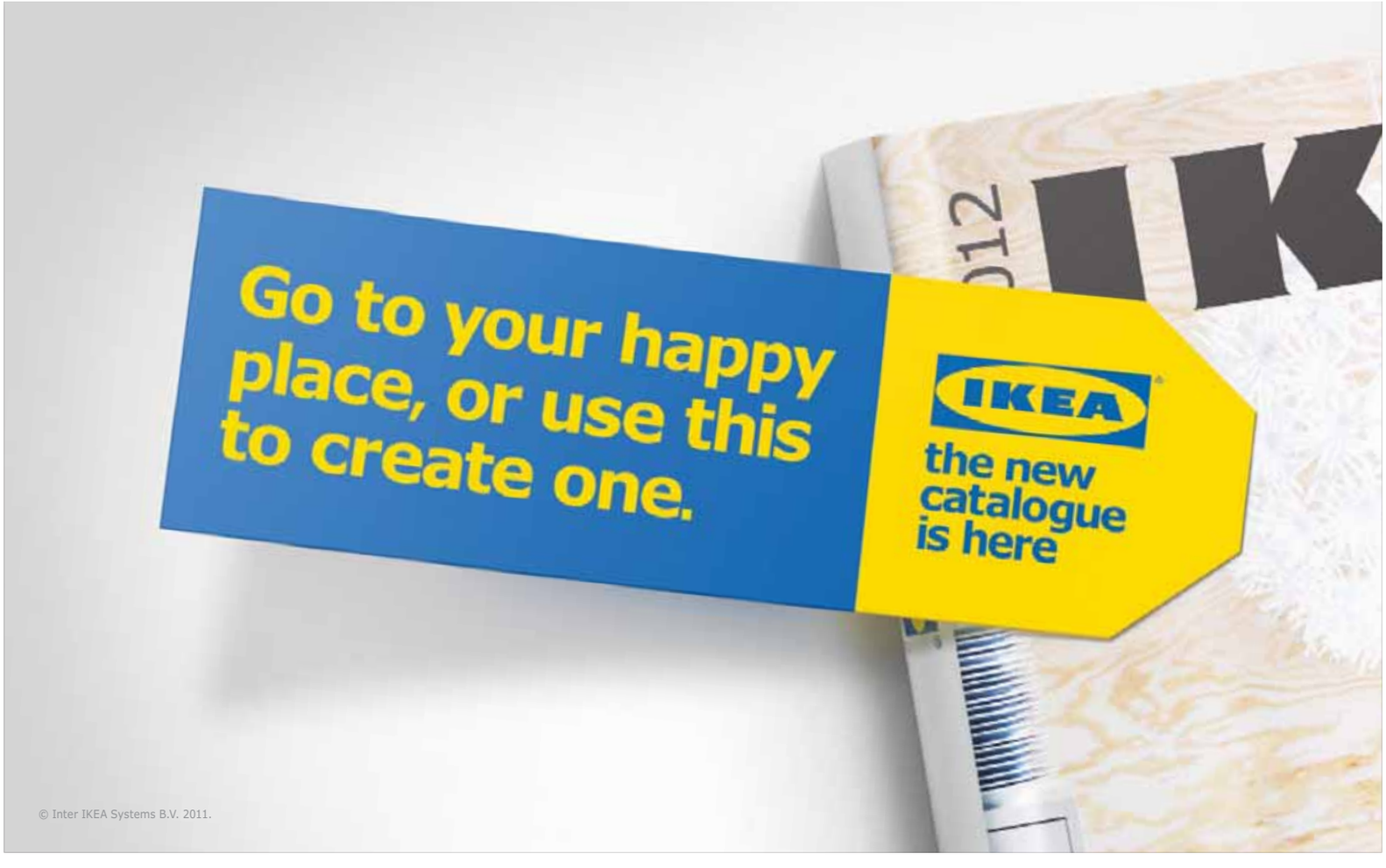
Andrea: Dear Miaow,

Wait, in your 40s, shouldn't you be sitting at home mending clothes and preparing your hard-working man a steak?

No, you're not, because women broke through that stereotype. That, or you hate sewing. If you're out with the girls having a blast, what does it matter if you're dubbed a cougar? Would you prefer Mama Bear? Redwood? MILF?

As long as you see yourself as someone genuinely having fun vs. trying to beat away the aging process by corrupting young bucks, don't worry about the name calling.

Call people out on it when they're being obnoxious. You're an adult; you can handle it.



Please mind the gap, kids

ON MONEY

ALISON GRIFFITHS
MONEY@METRONEWS.CA

Gap years are a terrific experience if you build in money management skills.

I'm a huge fan of gap years for high school graduates. Many parents worry that kids who take a break before going to college or university will come to love the freedom too much to hit the books again.

I say, don't fret. Why? Two words — minimum wage. It takes only a few months for your young adult to grasp the idea that bottom of the barrel income is the norm for those with only a high school diploma.

ISTOCK

▶ With savvy planning, taking a gap year before starting college or university can be a terrific way to gain money smarts.

It's more important than ever before for young adults to develop money management skills.

The 2011 TD Canada Trust Student Finances survey discovered that 58 per cent of post-secondary students are anxious and stressed about their finances.

A gap year is a great way to build financial skills, while setting money aside to reduce reliance on student loans and lines of credit during post-secondary studies at the same time.

Another benefit is that the money saved might mean less need for a part-time job during the school year. Work is a great learning experience but it can also detract from academics and campus life.

This is what the bottom line looks like for a 35-hour week (one full-time or two part-time jobs) at or close to minimum wage for 50 weeks. I've used $10 an hour, though the provincial rates vary from $8.80 in Alberta to $10.25 in Ontario.

This amounts to $8,750 in savings; $4,375 for personal spending, and $4,375 for food and rent.

With the youth unemployment rate ranging from nearly 15 per cent to over 20 per cent it can be difficult for young adults to find full-time work.

Even so, help your gap year youngster develop a basic plan for whatever is earned and the savings will be appreciated down the road.

Gap-year goals

A good rule-of-thumb for managing gap-year earnings for not-so-young ones still living at home:

- 50% alloted to savings
- 25% for personal use
- 25% for food and rent
- For parents, instead of spending the household expense cash, stash the savings away into an education account for your child to use later on.

STAY ON COURSE

FUN AND FRUGAL

LESLEY SCORGIE
MONEY@METRONEWS.CA

Investors are feeling vulnerable, but don't let market uncertainly derail your goals.

The best way to calm your investment worries is to focus on your long-term net worth goals. The next best way is to save more. Here are five fundamental money management principles to stick to.

Plan: People don't just stumble upon wealth. They create a plan with timelines to reduce debt and invest in assets.

Get help: Who are you turning to during this financial turmoil? Get professional financial help from a financial advisor. Ask for referrals from friends and interview at least three.

Be frugal: It's never a good time to overspend. With a skittish market, now is really not a good time, as it can lead to job losses and further economic slowdown. Buy only what you need and stick to a budget. If you've got debt, get rid of it fast by setting up automatic payments through online banking, tackle high-interest debt, and pay a little extra on payday — even if it's only $20.

Invest: If you haven't started investing, get on it! If you have, invest more. Investing early allows compounded interest and reinvested returns to grow your money greater than if you wait until mid-life to start. Stats show we're living longer and the cost of living is increasing. Thus, experts recommend saving 15 to 20 per cent.

Give: Giving doesn't just happen; you have to plan to give. So, build some type of giving into your financial plan.

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POP QUIZ
What should you do with your tax return money?

A: Hurray! Time for a shopping road trip to the US!
B: Save some, invest some, pay off debts and then reward yourself!
FIND TIPS & TRICKS in Lesley Scorgie's Fun and Frugal Column: *What to do with your tax refund.*
This column and more available at Metronews.ca/YourMoney
Find advice on personal investing, financial planning, student money and calculators provided by TD Bank.
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4 sports

Quoted

"I want to keep pitching for the Cubs. It was a moment of frustration Friday night, and I pitched so bad I wanted to retire, you know, I don't want to be making $18 million and pitch like crap."

CUBS PITCHER CARLOS ZAMBRANO. ZAMBRANO SAYS HE'D LIKE TO PITCH AGAIN FOR CHICAGO AND WAS SIMPLY FRUSTRATED WHEN HE TOLD CLUB PERSONNEL HE WANTED TO RETIRE AFTER HIS MOST RECENT START.

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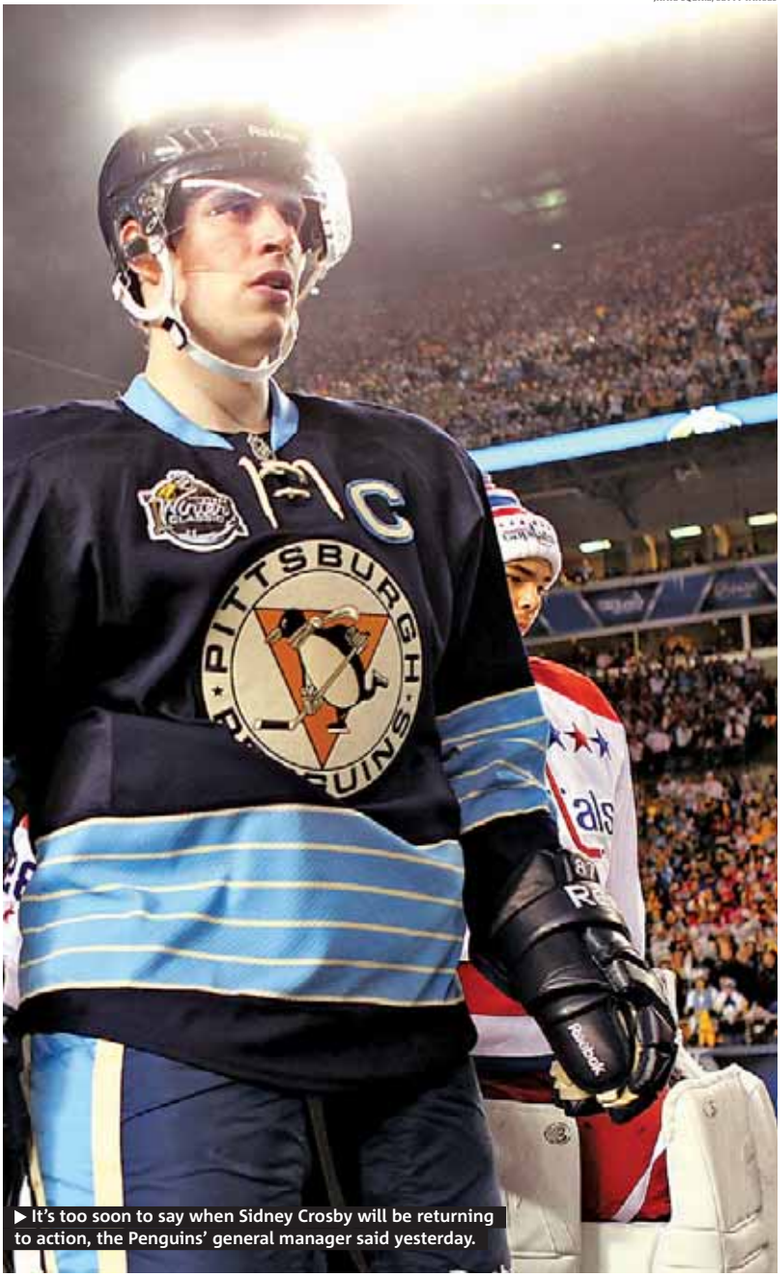
Crosby won't be rushed

JAMIE SQUIRE/GETTY IMAGES



▶ It's too soon to say when Sidney Crosby will be returning to action, the Penguins' general manager said yesterday.

Penguins taking cautious approach as their captain continues his recovery from concussion

Sidney Crosby's summer vacation is almost over. Still, there's no telling when the Pittsburgh Penguins star will return to work.

General manager Ray Shero said yesterday the former MVP is still dealing with concussion-like symptoms and it's too soon to know if Crosby will be available when the Penguins open camp next month.

"There's no expectation from me that he won't be ready or he will be ready," Shero said.

Crosby hasn't played in a game since Jan. 5, missing the rest of the regular season and Pittsburgh's first-round playoff loss to Tampa Bay as he slowly recovered from a concussion. He said in April he would be back for training camp, but with about a month to go before the team reports, Shero wouldn't guarantee No. 87 will be in uniform.

The 24-year-old Crosby has spent the summer at home in Nova Scotia working out on his own. Shero doesn't anticipate Crosby returning to Pittsburgh until a week before camp begins. He will undergo a thorough evaluation before he's cleared to participate in full-contact drills.

"He won't be pushed to come back," Shero said.

Though Shero acknowledged Crosby has dealt with lingering symptoms "off and on" over the summer they have not prevented him from shutting down his workout program.

"I want him to feel good about himself. He'll be back at some point to play hockey."
GENERAL MANAGER RAY SHERO

"The good news is he continues to work out, he's worked out hard during the summer," Shero said. "We'll see where we are come training camp."

Coach Dan Bylsma doesn't think the team will need to treat Crosby with kid gloves whenever he's cleared. Bylsma doesn't anticipate holding Crosby out of the pre-season if his superstar has been OK'd by doctors.

"I don't think when Sidney Crosby is healthy and ready to go, he's not going to shy away from contact, nor is he going to shy away from competition," Bylsma said. "It would take quite a bit to keep him out of getting ready for the start of the regular season."

Crosby was in the midst of an MVP-type season before the injury, amassing 66 points (32 goals, 34 assists) in 41 games. He sustained hits in consecutive games in early January before being diagnosed with the concussion. He flirted with returning during the playoffs before a series of setbacks kept him off the ice.

THE ASSOCIATED PRESS

Young traded to Tigers

Delmon Young found out he was traded from Minnesota to Detroit, hours before the Twins were scheduled to play the Tigers.

With no better way to travel to the ballpark, he hitched a ride on the team bus with what was by then his former club.

"I'm not going to sit in a 30-minute cab ride," Young said. "Now, I think it would be awkward if I took the team bus back."

The Tigers are the latest team hoping Young can finally live up to expectations — and he got off to a fine start last night, hitting a 3-1 pitch from Francisco Liriano over the left-field fence for a home run in his first Detroit at-bat. The Tigers lost 9-6.

Once one of baseball's top prospects, Young was traded yesterday for a minor league pitcher and a player to be named. Detroit immediately put the former No. 1 draft pick in the lineup, batting third and playing left field.

THE ASSOCIATED PRESS

Sports in brief

Fabregas joins Barcelona

SOCCER. Cesc Fabregas' transfer to Barcelona is complete after the Spain midfielder signed a five-year contract yesterday. Barcelona said it paid 29 million euros ($42 million) to Arsenal with extra variables set to take the figure to 39 million euros ($56 million).

THE ASSOCIATED PRESS

Thome reaches 600 home runs

MLB. Minnesota's Jim Thome hit two home runs in the Twins' 9-6 win over the Detroit Tigers last night to become the eighth player to reach 600 homers. THE ASSOCIATED PRESS

MAJOR LEAGUE BASEBALL

AMERICAN LEAGUE

EAST DIVISION

	W	L	Pct	GB
Boston	73	46	.613	—
New York	72	46	.610	½
Tampa Bay	64	55	.538	9
Toronto	61	59	.508	12½
Baltimore	46	72	.390	26½

CENTRAL DIVISION

	W	L	Pct	GB
Detroit	64	57	.529	—
Cleveland	60	57	.513	2
Chicago	60	60	.500	3½
Minnesota	53	67	.442	10½
Kansas City	50	71	.413	14

WEST DIVISION

	W	L	Pct	GB
Texas	69	52	.570	—
Los Angeles	65	56	.537	4
Oakland	53	67	.442	15½
Seattle	52	67	.437	16

Last night's results

Minnesota 9, Detroit 6

N.Y. Yankees at Kansas City

Baltimore at Oakland

Texas at L.A. Angels

Toronto at Seattle,

Sunday's Results

Minnesota at Cleveland, ppd., rain

Tampa Bay at New York, ppd., rain

Toronto 5, L.A. Angels 4, 10 innings

Baltimore 8, Detroit 5

Chicago White Sox 6, Kansas City 2

Texas 7, Oakland 6

Seattle 5, Boston 3

Today's games

Tampa Bay (Shields 11-9) at Boston (Lester 11-6), 1:05 p.m., 1st game

Minnesota (Blackburn 7-9) at Detroit (Verlander 17-5), 7:05 p.m.

Tampa Bay (Niemann 7-4) at Boston (Bedard 4-7), 7:10 p.m., 2nd game

Cleveland (Jimenez 1-0) at Chicago White Sox (Floyd 10-10), 8:10 p.m.

N.Y. Yankees (Nova 11-4) at Kansas City (Duffy 3-6), 8:10 p.m.

Baltimore (Matusz 1-4) at Oakland (Moscoso 5-6), 10:05 p.m.

Texas (D.Holland 10-4) at L.A. Angels (Chatwood 6-8), 10:05 p.m.

Toronto (Mills 1-2) at Seattle (Vargas 7-10), 10:10 p.m.

Tomorrow's games

Tampa Bay at Boston, 1:35 p.m.

Baltimore at Oakland, 3:35 p.m.

Minnesota at Detroit, 7:05 p.m.

Cleveland at Chicago White Sox, 8:10 p.m.

N.Y. Yankees at Kansas City, 8:10 p.m.

Texas at L.A. Angels, 10:05 p.m.

Toronto at Seattle, 10:10 p.m.

NATIONAL LEAGUE

EAST DIVISION

	W	L	Pct	GB
Philadelphia	78	41	.655	—
Atlanta	71	51	.582	8½
New York	58	62	.483	20½
Washington	57	62	.479	21
Florida	56	64	.467	22½

CENTRAL DIVISION

	W	L	Pct	GB
Milwaukee	70	51	.579	—
St. Louis	65	56	.537	5
Cincinnati	59	62	.488	11
Pittsburgh	56	63	.471	13
Chicago	53	68	.438	17
Houston	38	83	.314	32

WEST DIVISION

	W	L	Pct	GB
Arizona	68	53	.562	—
San Francisco	66	56	.541	2½
Los Angeles	55	64	.462	12
Colorado	56	66	.459	12½
San Diego	54	68	.443	14½

Last night's results

Atlanta 5, San Francisco 4

St. Louis at Pittsburgh

Chicago Cubs at Houston

L.A. Dodgers at Milwaukee

Florida at Colorado

N.Y. Mets at San Diego

Sunday's results

San Diego 7, Cincinnati 3

San Francisco 5, Florida 2

Chicago Cubs 6, Atlanta 5

Washington at Philadelphia, ppd., rain

Milwaukee 2, Pittsburgh 1, 10 innings

L.A. Dodgers 7, Houston 0

Arizona 5, N.Y. Mets 3

St. Louis 6, Colorado 2

Tonight's games

Arizona (Collmenter 7-7) at Philadelphia (Halladay 15-4), 7:05 p.m.

Cincinnati (Leake 10-7) at Washington (Wang 1-2), 7:05 p.m.

St. Louis (C.Carpenter 8-8) at Pittsburgh (Karstens 9-6), 7:05 p.m.

San Francisco (J.Sanchez 4-7) at Atlanta (Delgado 0-1), 7:10 p.m.

Chicago Cubs (Dempster 10-8) at Houston (Myers 3-12), 8:05 p.m.

L.A. Dodgers (Billingsley 10-9) at Milwaukee (Gallardo 13-8), 8:10 p.m.

Florida (Ani.Sanchez 6-6) at Colorado (Chacin 9-9), 8:40 p.m.

N.Y. Mets (Niese 11-9) at San Diego (Luebke 4-6), 10:05 p.m.

Tomorrow's games

Chicago Cubs at Houston, 2:05 p.m.

N.Y. Mets at San Diego, 6:35 p.m.

Arizona at Philadelphia, 7:05 p.m.

Cincinnati at Washington, 7:05 p.m.

St. Louis at Pittsburgh, 7:05 p.m.

San Francisco at Atlanta, 7:10 p.m.

L.A. Dodgers at Milwaukee, 8:10 p.m.

Florida at Colorado, 8:40 p.m.

SUNDAY

BLUE JAYS 5, ANGELS 4 (10 INN.)

Los Angeles	ab	r	h	bi	Toronto	ab	r	h	bi
Bourjos cf	4	1	2	1	YEscor ss	3	1	0	0
Callasp 3b	3	0	0	1	EThms lf	3	1	1	2
Abreu dh	4	1	2	0	RDavis ph	1	0	0	0
TrHntr rf	4	1	1	2	Teahen pr-lf	1	0	0	0
Trumo 1b	4	0	0	0	Bautist rf	4	1	3	1
V.Wells lf	4	0	0	0	Lind 1b	5	0	0	0
HKndrc 2b	4	0	0	0	Encrnc dh	5	0	2	1
Aybar ss	4	0	0	0	Rasms cf	4	1	1	0
BoWlsn c	3	1	1	0	Lawrie 3b	4	0	1	1
Arencii c	4	0	0	0					
JMcDnl 2b	4	1	2	0					
Totals	**34**	**4**	**6**	**4**	**Totals**		**38**	**5**	**10** **5**
Los Angeles			**201**		**010**	**000**		**0—4**	
Toronto			**000**		**201**	**001**		**1—5**	

Two outs when winning run scored.

DP—Toronto 1. LOB—Los Angeles 1, Toronto 7. 2B—Bourjos (21), Bo.Wilson (6), Rasmus (5), Lawrie (3), Jo.McDonald (8). 3B—Bourjos (8). HR—Tor.Hunter (15), E.Thames (7), Bautista (34). SB—Abreu 2 (17), Lawrie (1). S—Y.Escobar. SF—Callaspo.

	IP	H	R	ER	BB	SO
Los Angeles						
Haren	7	5	3	3	0	5
S.Downs H,20	1	2	0	0	0	0
Walden BS,8-34	1	2	1	1	0	1
Rodney L,2-5	1-3	0	1	1	2	1
Takahashi	1-3	1	0	0	0	0
Toronto						
Cecil	7	5	4	4	0	3
Janssen	1	0	0	0	0	1
F.Francisco	1	1	0	0	0	0
Rauch W,5-3	1	0	0	0	0	1

T—2:52. A—23,355 (49,260).

NFL

PRE-SEASON

Last night's result

N.Y. Jets at Houston

Thursday, Aug. 18

New England at Tampa Bay, 7:30 p.m.

Philadelphia at Pittsburgh, 8 p.m.

Friday, Aug. 19

Washington at Indianapolis, 7 p.m.

Carolina at Miami, 7:30 p.m.

Detroit at Cleveland, 7:30 p.m.

Kansas City at Baltimore, 7:30 p.m.

Arizona at Green Bay, 8 p.m.

Atlanta at Jacksonville, 8 p.m.

Saturday, Aug. 20

Oakland at San Francisco, 8 p.m.

Tennessee at St. Louis, 8 p.m.

New Orleans at Houston, 8 p.m.

Buffalo at Denver, 8:30 p.m.

Minnesota at Seattle, 10 p.m.

Sunday, Aug. 21

Cincinnati at N.Y. Jets, 7 p.m.

San Diego at Dallas, 8 p.m.

Monday, Aug. 22

Chicago at N.Y. Giants, 8 p.m.

CFL

WEEK SEVEN

EAST DIVISION

	GP	W	L	T	PF	PA	Pt
Winnipeg	7	6	1	0	182	130	12
Montreal	7	5	2	0	222	156	10
Hamilton	7	4	3	0	189	176	8
Toronto	7	1	6	0	160	215	2

WEST DIVISION

	GP	W	L	T	PF	PA	Pt
Calgary	7	5	2	0	194	172	10
Edmonton	7	5	2	0	173	154	10
B.C.	7	1	6	0	167	202	2
Saskatchewan	7	1	6	0	147	229	2

Saturday Results

Hamilton 37 Toronto 32

Winnipeg 30 B.C. 17

Friday Result

Calgary 45 Saskatchewan 35

Thursday Result

Montreal 27 Edmonton 4

WEEK EIGHT

Byes: Calgary, Hamilton, Montreal, Winnipeg

Thursday, Aug. 18

Saskatchewan at Toronto, 7:30 p.m.

Friday, Aug. 19

B.C. at Edmonton, 9 p.m.

LEADERS

SCORING

(x—scored two-point convert):

	TD	C	FG	S	Pts
Whyte, Mtl	0	23	19	1	81
Palardy, Wpg	0	15	19	4	76
Medlock, Ham	0	19	17	3	73
Duval, Edm	0	17	14	10	69
McCallum, BC	0	15	16	2	65
Paredes, Cal	0	17	13	4	60
E.Johnson, Sask	0	11	10	5	46
Stala, Ham	7	0	0	0	42
Prefontaine, Tor	0	12	9	1	40
Edwards, Wpg	5	0	0	0	30
Kackert, Tor	5	0	0	0	30
Richardson, Mtl	5	0	0	0	30
Stamps, Edm	5	0	0	0	30
Bratton, Mtl	4	0	0	0	24
Brown, BC	4	0	0	0	24
Cobourne, Ham	4	0	0	0	24
Cornish, Cal	4	0	0	0	24
Diedrick, Mtl	4	0	0	0	24
Foster, BC	4	0	0	0	24
Barnes, Edm	3	0	0	0	18
Brink, Wpg	3	0	0	0	18
Cates, Sask	3	0	0	0	18
Charles, Sask	3	0	0	0	18
Dressler, Sask	3	0	0	0	18
Green, Mtl	3	0	0	0	18
Porter, Edm	3	0	0	0	18
Rideau, Tor	3	0	0	0	18

SOCCER

MLS

Sunday's result

Houston 2 Portland 1

Tomorrow's games

Houston at New England, 7:30 p.m.

Portland at Kansas City, 8:30 p.m.

Thursday's game

D.C. United at Chicago, 9 p.m.

ENGLAND

PREMIER LEAGUE

Yesterday's result

Manchester City 4 Swansea City 0

GOLF

WORLD RANKING

Through Aug. 14

1. Luke Donald	Eng	10.28
2. Lee Westwood	Eng	8.44
3. Steve Stricker	USA	7.03
4. Martin Kaymer	Ger	6.98
5. Rory McIlroy	NIr	6.91
6. Phil Mickelson	USA	5.97
7. Adam Scott	Aus	5.80
8. Jason Day	Aus	5.62
9. Dustin Johnson	USA	5.54
10. Nick Watney	USA	5.40
11. Charl Schwartzel	SAf	5.29
12. Matt Kuchar	USA	5.24
13. Graeme McDowell	NIr	4.95
14. K.J. Choi	Kor	4.72
15. Bubba Watson	USA	4.66
16. Ian Poulter	Eng	4.28
17. Paul Casey	Eng	4.26
18. David Toms	USA	4.16
19. Robert Karlsson	Swe	4.04
20. Kim Kyung-Tae	Kor	3.74
21. Hunter Mahan	USA	3.71
22. Francesco Molinari	Ita	3.63
23. Anders Hansen	Den	3.59
24. Retief Goosen	SAf	3.54
25. Jim Furyk	USA	3.53
26. Martin Laird	Sco	3.51
27. Rickie Fowler	USA	3.45
28. Alvaro Quiros	Esp	3.43
29. Keegan Bradley	USA	3.41
29. Zach Johnson	USA	3.41
31. Matteo Manassero	Ita	3.40
32. Ernie Els	SAf	3.37
33. Tiger Woods	USA	3.31
34. Miguel Angel Jimenez	Esp	3.30
35. Darren Clarke	NIr	3.22
36. Justin Rose	Eng	3.12
37. Gary Woodland	USA	3.10
38. Jason Dufner	USA	3.10
39. Bo Van Pelt	USA	3.06
40. Bill Haas	USA	3.04
41. Louis Oosthuizen	SAf	2.94
42. Y.E. Yang	Kor	2.94
43. Ryo Ishikawa	Jpn	2.92
44. Tim Clark	SAf	2.90
45. Ryan Moore	USA	2.87
46. Geoff Ogilvy	Aus	2.87
47. Peter Hanson	Swe	2.86
48. Edoardo Molinari	Ita	2.84
49. Sergio Garcia	Esp	2.81
50. Robert Allenby	Aus	2.75
51. Brandt Snedeker	USA	2.74
52. Ryan Palmer	USA	2.66
53. Simon Dyson	Eng	2.63
54. Aaron Baddeley	Aus	2.62
55. Webb Simpson	USA	2.59
56. Rory Sabbatini	SAf	2.58
57. Jonathan Byrd	USA	2.52
58. Mark Wilson	USA	2.50
59. Lucas Glover	USA	2.43
60. Ben Crane	USA	2.41
61. Fredrik Jacobson	Swe	2.40
62. Scott Verplank	USA	2.37
63. Yuta Ikeda	Jpn	2.31
64. Ross Fisher	Eng	2.28
65. Sean O'Hair	USA	2.27
66. Anthony Kim	USA	2.23
67. Kevin Na	USA	2.19
68. Thomas Bjorn	Den	2.16
69. Charley Hoffman	USA	2.15
70. Jeff Overton	USA	2.14
71. Alexander Noren	Swe	2.14
72. J.B. Holmes	USA	2.14
73. Vijay Singh	Fji	2.12
74. Padraig Harrington	Irl	2.12
75. Richard Green	Aus	2.11
76. Gary Woodland	USA	2.10
77. Matt Kuchar	USA	2.09
78. Webb Simpson	USA	2.08
79. Adam Scott	Aus	2.07
80. Jason Day	Aus	2.06
81. Bill Haas	USA	2.05
82. Fredrik Jacobson	Swe	2.04
83. Martin Laird	Sco	2.03
84. Dustin Johnson	USA	2.02
85. Hunter Mahan	USA	2.01
86. Charl Schwartzel	SAf	2.00
87. Aaron Baddeley	Aus	1.99
88. Rory Sabbatini	SAf	1.98
89. Spencer Levin	USA	1.97
90. Scott Stallings	USA	1.96

PGA TOUR FEDEXCUP LEADERS

Through Aug. 14

	Points	Money
1. Nick Watney	1,906	$4,397,269
2. Steve Stricker	1,865	$3,730,309
3. Luke Donald	1,856	$4,517,748
4. Keegan Bradley	1,621	$3,432,200
5. Phil Mickelson	1,601	$3,317,035
6. K.J. Choi	1,601	$3,768,242
7. Bubba Watson	1,577	$3,196,797
8. David Toms	1,487	$3,404,230
9. Gary Woodland	1,466	$2,840,349
10. Mark Wilson	1,461	$2,877,252
11. Matt Kuchar	1,407	$3,045,075
12. Webb Simpson	1,361	$2,725,043
13. Adam Scott	1,332	$3,200,477
14. Jason Day	1,308	$3,109,087
15. Bill Haas	1,273	$2,453,777
16. Fredrik Jacobson	1,235	$2,234,367
17. Martin Laird	1,234	$2,466,289
18. Brandt Snedeker	1,227	$2,456,895
19. Dustin Johnson	1,191	$2,686,265
20. Hunter Mahan	1,186	$2,348,500
21. Charl Schwartzel	1,185	$2,490,958
22. Aaron Baddeley	1,181	$2,447,182
23. Rory Sabbatini	1,175	$2,286,175
24. Jonathan Byrd	1,165	$2,401,954
25. Jason Dufner	1,143	$2,543,060
26. D.A. Points	1,055	$2,006,463
27. Rickie Fowler	1,038	$2,025,441
28. Charles Howell III	1,033	$1,847,316
29. Spencer Levin	1,025	$1,944,929
30. Scott Stallings	992	$1,891,825
31. Zach Johnson	962	$1,714,006
32. Chris Kirk	957	$1,784,827
33. Steve Marino	935	$1,821,556
34. Jhonattan Vegas	919	$1,644,718
35. Ryan Palmer	902	$1,742,359
36. Ryan Moore	883	$1,649,573
37. Bo Van Pelt	881	$1,756,566
38. Lucas Glover	839	$1,597,563
39. Brendan Steele	826	$1,590,618
40. Tommy Gainey	809	$1,549,231
41. Y.E. Yang	799	$1,739,689
42. Vijay Singh	799	$1,532,130
43. Justin Rose	796	$1,534,420
44. Robert Karlsson	789	$1,605,255
45. Kevin Na	778	$1,467,465
46. Brandt Jobe	766	$1,306,456
47. Kyle Stanley	761	$1,109,366
48. Brendon de Jonge	756	$1,149,486
49. Charley Hoffman	746	$1,182,158
50. John Senden	732	$1,177,514
51. Sean O'Hair	724	$1,322,881
52. Robert Garrigus	702	$1,416,437
53. Brian Gay	685	$1,131,954
54. Brian Davis	685	$978,033
55. Robert Allenby	679	$1,233,781
56. Pat Perez	666	$1,212,513
57. Sergio Garcia	662	$1,275,909
58. Harrison Frazar	660	$1,282,527
59. Andres Romero	651	$1,231,853
60. J.B. Holmes	640	$1,398,583
61. Cameron Tringale	622	$1,160,975
62. Kris Blanks	613	$1,010,217
63. Jimmy Walker	612	$1,120,703
64. Jeff Overton	611	$1,129,552
65. Kevin Streelman	600	$1,073,298
66. J.J. Henry	599	$837,097
67. Charlie Wi	591	$1,033,131
68. Scott Verplank	588	$1,194,178
69. Carl Pettersson	587	$960,408
70. Jim Furyk	586	$926,286
71. Blake Adams	580	$826,051
72. Chris Couch	573	$913,416
73. Geoff Ogilvy	571	$1,101,527
74. Scott Piercy	571	$956,224
75. Chad Campbell	569	$899,080
76. Johnson Wagner	569	$1,121,564
77. John Rollins	564	$986,896
78. Stewart Cink	556	$909,162
79. Ricky Barnes	552	$911,263
80. Jerry Kelly	547	$846,412
81. Troy Matteson	542	$916,102
82. Ryuji Imada	529	$926,542
83. Ben Crane	526	$845,101
84. Chez Reavie	513	$899,867
85. Kevin Chappell	503	$1,040,038
86. Hunter Haas	499	$926,366
87. Chris DiMarco	499	$740,263
88. Davis Love III	498	$938,380
89. Bryce Molder	493	$855,611
90. Marc Leishman	485	$772,767

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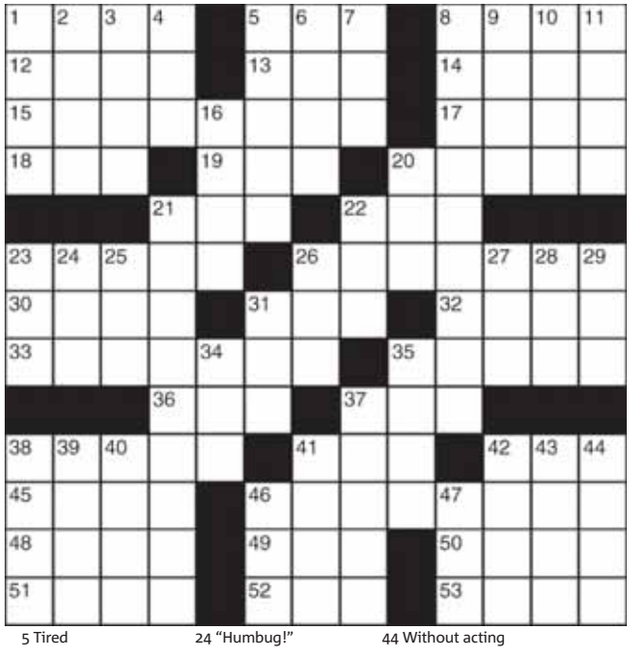
Crossword



Across

1 Birthday party highlight
5 Witty one
8 Cotillion VIPs
12 Elliptical
13 Ram's mate
14 — podrida
15 Attendance check
17 King of the jungle
18 Away from WSW
19 Day divs.
20 Roulette bet
21 Remuneration
22 Japanese theater
23 Monastery head
26 Shoulder-borne rocket launcher
30 False god
31 Insect
32 "Once — a time..."
33 Recorded a score, with "up"
35 Ancient port on the Tiber
36 Can metal
37 Exist
38 Place
41 By way of
42 Tackle the slopes
45 Bobcat
46 Highway with booths, e.g.
48 Tom Joad, for one
49 Noshed
50 Ringlet
51 Marries
52 Founda-tion
53 Wartime partner

Down

1 Apple's centre
2 Shakespeare's river
3 Hardy cabbage
4 Right angle
5 Tired
6 Piercing tools
7 Solidify
8 Home for Barbie, maybe
9 Director Kazan
10 United nations
11 Fell prey to quicksand
16 Conversation
20 Dickens pseudonym
21 Electorate's levies
22 Gripe repeatedly
23 "Wipeout" network
24 "Humbug!"
25 Sheepish remark?
26 Pal
27 Choose (for)
28 Japanese pond fish
29 Literary collection
31 QB Roethlisberger
34 Child
35 Verbal
37 Wasn't well
38 Decelerate
39 Youngster
40 Author Bagnold
41 Mark a ballot
42 Music category
43 Malden or Marx
44 Without acting
46 Bill
47 Nipper's co.

▶ Yesterday's answer

Sudoku

2		7		1		3	6	
	8	1						
			6					9
8		9	5					
4			1		2			7
					9	8		3
9					3			
						6	5	
	4	5		7		9		8

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

5	7	9	1	8	3	4	2	6
2	6	3	7	5	4	1	8	9
8	1	4	6	9	2	3	7	5
6	5	8	4	7	1	2	9	3
1	4	7	2	3	9	6	5	8
3	9	2	8	6	5	7	4	1
7	2	5	9	1	6	8	3	4
4	3	1	5	2	8	9	6	7
9	8	6	3	4	7	5	1	2

Send a KISS

You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.

I love you more than anything in this world. You are the sexiest person I have ever met. You are my soul mate. Please come back so that we can enjoy happiness forever. **AER**

Big Irish, you are the sexiest man I have ever met, and are the best thing to ever happen to me. I love you and am lucky to be with you. I cherish every moment that we are together and I miss you soo much while your working. xoxoxoxo. **BOOBOO**

Melanie, thank you for making my birthday such a special occasion. You are truly unique and I will forever cherish the thoughtfulness. When i looked in your eyes I felt a connection, even though we hadn't known each other for long. Kisses from your favourite Newfoundlander... **MARK**

Today
27°/14°
Mainly sunny
Wednesday
28°/18°
Sunny
The Weather Network
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Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 20 You have a right to express your opinions, even if they offend people who disagree with your outlook on life.

♉ Taurus April 21-May 21 Anything you do on impulse today will most likely work out quite well, especially on the work front.

♊ Gemini May 22-June 21 A small sacrifice now could lead to big gains later on, so make the effort.

♋ Cancer June 22-July 22 When it comes to the real world, courage and confidence mean more than bits of paper.

♌ Leo July 23-Aug.23 What you get today may not be what you think you deserve but it is exactly what you need, so don't make a fuss.

♍ Virgo Aug. 24- Sept. 22 You are getting bogged down in trivia and need to stand back from what you are doing and see it in a wider context.

♎ Libra Sept. 23-Oct. 23 Enjoy life's contrasts today.

♏ Scorpio Oct. 24-Nov. 22 An opportunity will arise today that demands an instant and emphatic response.

♐ Sagittarius Nov. 23-Dec. 21 Everyone will be astonished by your bravery today.

♑ Capricorn Dec. 22-Jan. 20 Stick to your high standards today no matter how hard certain people try to persuade you to sell out.

♒ Aquarius Jan. 21-Feb. 18 Whatever you choose to do, partners and loved ones will back you up 100 per cent.

♓ Pisces Feb. 19-March 20. If you hesitate you could miss out on something spectacular.

SALLY BROMPTON

Caption contest

AIJAZ RAHI/ THE ASSOCIATED PRESS

MARTIN MEISSNER/THE ASSOCIATED PRESS

WIN!

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Paralegal

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Program Objective

Paralegal has become a regulated profession in Ontario as of May 1, 2007. To legally practice as an independent paralegal in Ontario, a person must be licensed by the Law Society of Upper Canada.

To obtain a license, a person must graduate from a program accredited by the Law Society, pass a licensing examination and be of good character. The Paralegal program of Algonquin Careers Academy is **accredited by The Law Society of Upper Canada.**

The objective of this program is to provide you with "hands-on" training in the key areas of paralegal work and to prepare you to successfully challenge the licensing exam. As a successful graduate you will have the knowledge and skills to enter into any Tribunal, Small Claims Court or Traffic Court, and be able to deal with every eventuality that may arise.

This 44 week diploma program includes an 4 week co-op placement.

Legal subject matter covered includes:

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- Legal Research
- Evidence and the Litigation Process
- Torts and Contracts
- Employment Law
- Criminal Summary Conviction Procedure
- Provincial Offences/ Motor Vehicle Law
- Dispute Resolution and Mediation
- Advocacy and Moot Court
- Tribunal Practice and Procedure
- Immigration Law
- Residential Landlord and Tenant Law
- Ethics and Professional Responsibility

Pharmacy Technician

Program Objective

The *Health Systems Improvement Act*, 2007 enables the regulation of Pharmacy Technicians in Ontario. In order to practice as a Pharmacy Technician, a person must be registered with the Ontario College of Pharmacists.

Registration requirements will require a person to graduate from a program that has been accredited by the Canadian Council for Accreditation of Pharmacy Programs (CCAPP).

The Pharmacy Technician program of Algonquin Careers Academy is **accredited by CCAPP**,

The Pharmacy Technician diploma program is designed to prepare you for a challenging career in a Community/Retail Pharmacy, Hospital Pharmacy, Manufacturing Facility or Long-Term Care Facility.

This 40 week diploma program includes an 8 week co-op placement.

Pharmacy subject matter covered includes:

- Pharmacy Fundamentals
- Pharmacy Math
- Anatomy and Physiology
- Pharmacology
- Compounding
- Sterile Techniques
- Pharmacy Software
- Systems and Procedures-Community Pharmacy
- Systems and Procedures-Hospital Pharmacy

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NEW program

This program is designed to prepare you to plan, market, and deliver safe and effective fitness, wellness and healthy lifestyle programs. You will develop current, practical mknowledge and skills in such areas as the development, implementation and evaluation of fitness and wellness programs, health promotion, lifestyle management, fitness assessments, leadership, safety and injury management.

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